

What's Up Doc?

Dr Michael Mosley, the man behind the iconic 5:2 diet is embarking on his first ever UK theatre tour DR MICHAEL MOSLEY – TRUST FAST HEALTH this month and will visit Edinburgh's King's Theatre on 17 February 2019.

During the informative and entertaining live show Dr Mosley will explode common health myths and offer fascinating insights into the workings of the human body. He will take audiences on the unconventional journey that he himself has travelled, from swallowing tape worm to uncovering revolutionary new ways to lose weight, get fit and reduce stress.

DR MICHAEL MOSELY – Trust Fast Health

King's Theatre

Sunday 17 February 2019, 7.30pm

With our ongoing fascination with the human body, **DR MICHAEL MOSLEY – TRUST FAST HEALTH** is the perfect opportunity to hear first-hand from the man whose string of award winning programmes and international bestselling books have changed tens of thousands of lives.

[More information here](#)