

Books to read – for foodies

The Scottish Book Trust has [listed some suggestions](#) for those of you who want to read about food.

Here are some of their suggestions

Perceptions : Recipes from Restaurant Mark Greenaway

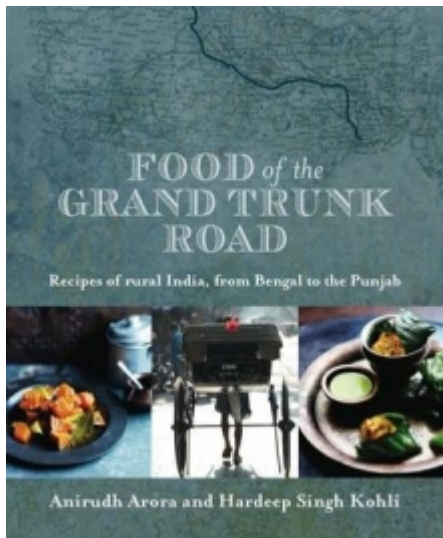


Sadly Mark is now closing his restaurant on the corner of Queen Street and Castle Street but that doesn't mean that his cooking will stop and we are sure that he will have a new venture up his sleeve soon.

Featuring recipes that defy the often misrepresented reputation of Scottish cuisine, the philosophy behind the book is to challenge the perception of Scottish food forever by championing the world-class array of Scottish produce through fresh eyes, new techniques and beautiful recipes for the discerning cook. Celebrating the finest ingredients across Scotland, from Hebridean Sea Salt to Katy Rodger's Artisan Dairy in the Ochils, the book includes modern twists on traditional dining stalwarts, to the fun and frivolous with his renowned dessert recipes featuring cherry laces, gels and meringues.

Food of the Grand Trunk Road

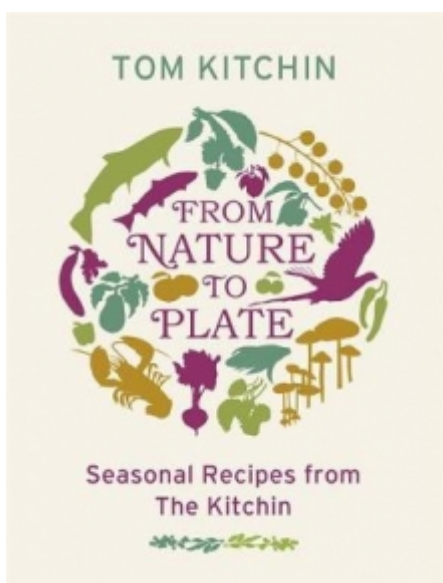
By Anirudh Arora, Hardeep Singh Kholi



The Grand Trunk Road is one of South Asia's oldest and longest roads. This title offers a look at the food, culture and traditions that have sprung up along this route, promising recipes that reflect the eating traditions of the real India. It presents an illustrated history of the road since its emergence as India's first route for traders.

From Nature To Plate: A Seasonal Journey

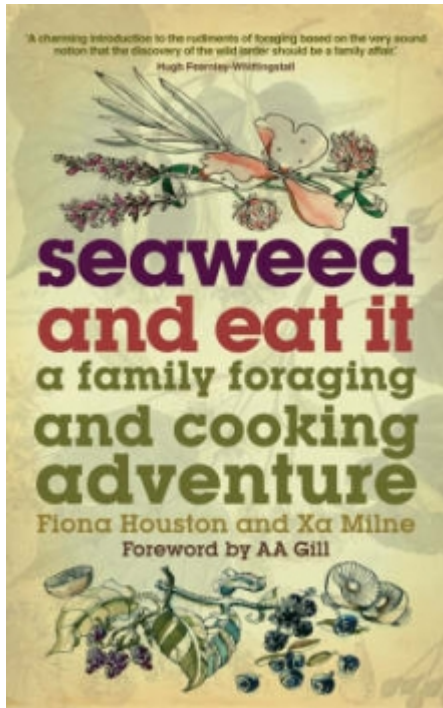
by Tom Kitchin



100 recipes that show how natural combinations and high-quality seasonal ingredients allied to uncomplicated recipes produce the very best flavours and textures.

Seaweed and Eat It

By Fiona Houston, Xa Milne



Seaweed And Eat It is the foodie's answer to The Dangerous Book for Boys, and a nostalgic journey of rediscovery for the whole family.

The Incredible Spice Men

By Cyrus Todiwala, Tony Singh

Acclaimed chefs Tony Singh and Cyrus Todiwala are on a mission to wake Britain up to the versatility of spices. With delicious, everyday recipes accompanied by Cyrus and Tony's top tips and favourite spices, The Incredible Spice Men will demystify the contents of your spice rack, and open your everyday cooking up to a world of exciting new flavours

