

# Get down to The Meadows for fun on Friday

Join in a free physical activity and sport event at the Meadows on Friday afternoon, 14 September, hosted by young people for young people.



In the Year of Young People 2018, Edinburgh's Young Ambassadors have won funding from Create18, a YoungScot national funding programme, to deliver a family fun afternoon of sport.

The free physical activity and sport event, to be held in the Meadows, on Friday, 14 September, will take place from 1pm-3.30pm (next to the Meadows Tennis Courts). Aimed at primary aged children and their families, the activities have been designed and will be delivered by the Young Ambassadors

and participants from Edinburgh Leisure's Positive Destinations programme and will showcase the role young people can play in delivering activities in their communities.

John Arthur, Community Development Officer at Edinburgh Leisure said: "In the Year of Young People, this event is all about promoting sport participation and the fun that can be had by taking part.

This event has been designed by young people for young people. There'll be lots of activities on offer including athletics, boccia, dance, rugby, tennis and volleyball."

The Create18 funding programme was open to groups of three or more young people, aged 8-26 years, and across Scotland to stage their own events and will be distributing £42,000 of funding through grants of up to £1,000 for each event.

Young Ambassadors, a Youth Sport Trust initiative, in conjunction with **sportscotland**, Active Schools and Edinburgh Leisure, is a lottery funded programme to help develop young people as leaders in sport. Each year, two pupils from each secondary school in Scotland are chosen as Young Ambassadors to promote sport and motivate and inspire other young people to get involved in their schools, clubs and local communities. Young Ambassadors support Active Schools locally and use the School Sport Award to influence school sport.