Beauty treatment – get your glowing skin here

Dermal Clinic, based in Edinburgh's Morningside area, recommends the G&T Brighten Peel for male groomers – a nononsense treatment designed for hectic lifestyles.

Proving to be just the tonic for men, the treatment appears equally attractive to women.



The G&T Brighten Peel - for men and women

The popular treatment removes dead skin cells, tackles blemishes and reduces fine lines and wrinkles, leaving your skin soft and healthy. Patients undergo six peels over the space of three months, and are then given a home-use kit to prepare their skin and to enhance results.

The home-use kit contains G&T Peel Gel and clinically-proven NeoRetin products; which brighten skin, manage pigmentation and support the in-clinic peels.

According to co-founder and cosmetic nurse, Jackie Partridge, the no-fuss aspect of the treatment has been the real attraction for men.

Jackie said: "The G&T Brighten Peel has been a hit with patients. We've already doubled the number of people on the treatment since last year.

"Reaching out to men is always difficult – it's no surprise that in the past the number of patients we have treated has been predominantly female.

"However, those numbers have changed and now it's a bit more balanced."

Lasting only 20 minutes the peel is a hassle-free option that is perfect for those looking to fit a visit to the clinic into a busy schedule.

Jackie added: "The great thing about the peel is that it's a quick treatment that can be done in a lunch break. Plus, the home-use kit means that the majority of the treatment can be done from the comfort of your own home.

"The result is soft, healthy skin that is not as red as you would expect from a face peel treatment. This means that individuals can go about their day without worrying about their appearance.

"I think that's what has made this such a success with our male clientele — the ease of it all and the no-fuss attitude to male grooming."

The G&T Brighten Peel is priced at £500 for a course of six treatments, a homecare kit and a skin review. One-off treatments are also available.

www.dermalclinic.co.uk