

# Ponies a big hit at Lauder Lodge

Residents at Lauder Lodge had a visit from some pretty cute four-legged friends recently.

The friendly Shetland ponies created a stir when they trotted into the care home on Wakefield Avenue. Residents were thrilled to have the opportunity to stroke and pet them, as well as enjoying an informative talk on how they are cared for.



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RESIDENT JEAN RIMMER WITH LIFESTYLE CO-  
ORDINATOR TERRI ANDERSON AND WILSON THE  
SHETLAND PONY

The mini ponies were also taken on a tour of the care home, visiting residents' rooms to ensure everyone had the opportunity to meet and interact with them.

Michelle Reid, home manager at Lauder Lodge, said: "It was

delightful to introduce the Shetland ponies to the residents here at Lauder Lodge. You could see from the residents' reactions just how engaged they were when given the opportunity to get so close to such lovely animals.

“The mini ponies were so friendly and calming, and we know just how beneficial animal therapy can be for older people – especially for those living with dementia. Being close to animals can help lift a person's mood, stimulate social interaction and ease agitation – and the ponies were brilliant at doing just that!”

Lauder Lodge has been designed to deliver the very best standards of care and to enable residents to live active and fulfilled lives. The home provides full time residential, nursing and dementia care, as well as short term respite care.



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THE THERAPY PONIES OF WEST LOTHIAN VISIT THE  
STAFF AND RESIDENTS OF LAUDER LODGE CARE HOME  
IN PORTOBELLO TODAY.