

# Getting beauty ready for the Festival

by Elaine Darling

As we hurtle towards August and the madness of the Edinburgh Fringe and International Festivals it is perhaps prudent to take a few mins to think about skincare to be sure that you will enjoy many late nights (or early mornings!) and still look glowing!



Chamomile Sanctuary is exactly that!

Chamomile Sanctuary at the West End is my 'go to' for skincare. The luxury spa offers a good variety of facials. Advice would be that if you are a party animal then start now by investing in a Comcit H2O Glow Facial (£85). This is the latest facial from Crystal Clear guaranteed to leave your skin feeling soft and dewy. This treatment uses the latest technology and is one that I personally look forward to. It has been described as a healthy way to get a radiant glow and has quickly become a favourite with celebrities.

If you have a busy August 'festivalling' then it's likely you – and your skin – will be ready for a rest! There are a few treatments to enjoy at that time. If hands-on facial are more your thing then there is definitely one for you! Firstly, Crystal Clear Stay Young Intense Anti-Ageing Facial (£60). This effective, intensive treatment breathes life back into your complexion or maybe try Aromatherapy Associates – Essential Rose Facial (£65) or Guinot – Age Summun (£80). All would definitely help restore your skin's radiance.

As always planning is key so get your appointments in quickly! Call the spa reception on 0131-220 1000 to book or to get advice on which facial is the best for you.

[Click here](#) to book on the Chamomile Sanctuary website



Chamomile offers you an oasis of calm in the West End