Ice hockey — Steelers v Devils in Grand Final



Fife v Cardiff at Nottingham. Picture by Dean Woolley

Elite League play-off, semi-finals: Nottingham Panthers 4, Sheffield Steelers 5 (after overtime); Fife Flyers 0, Cardiff Devils 4 (at Nottingham).

John Armstrong scored 3min 47sec into sudden death overtime to fire Sheffield Steelers into the Grand Final with a 5-4 win over arch rivals Nottingham Panthers.

Steelers came from 4-2 down at the start of the final period with goals from former Edinburgh Capitals defenceman Ben O'Connor and Levi Nelson, his game-tying strike coming less than two minutes from time.

The Men from the House of Steel now meet double-chasing Cardiff Devils, the league champions, in Sunday's (4pm) Grand Final. Devils beat Fife Flyers 4-0 in the other semi-final, also at Nottingham.

Nottingham play Flyers in the third/fourth place play-off on

Sunday (noon) also at Nottingham.