Men's hockey — Scots defeated but coach sees improvement

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Coach Forsyth talks to his squad

Scotland men lost 2-1 to Canada at a Five Nations in Spain but head coach Derek Forsyth claimed it was an improved performance after beating USA 3-1 in their opening match on Monday.

Former Kelburne striker Kenny Bain, who now plays in Holland, slotted Scotland's consolation.

But Forsyth said: "Today's performance was a big improvement on and we're pleased with the performance.

"It was disappointing to not get anything from the match, but it's the improvement that was important.

"We'll be looking to improve further in the next match and work towards selection for the Commonwealth Games. Everybody is challenging well for positions."

Scotland have a rest day on Wednesday before facing Ireland on Thursday

Canada took the lead when Matthew Sarmento slipped the ball under the advancing goalkeeper and into the net.

They increased their advantage from a well-executed penalty corner and the ball was deflected by Brendan Bissett into the net.

Scotland pulled one back right before half-time when Bain fired a penalty corner into the top right corner to make it 2-1.

The Blue Sticks pressed for an equaliser in the second-half and a drag-flick from Bain was denied by an exceptional diving save under the crossbar from the Canadian goalkeeper.