

‘Come and Try Paraclimbing’ at Edinburgh International Climbing Arena

Introductory session to be held at Ratho for anyone with a disability




A come and try session for para-climbers is being held at the Edinburgh International Climbing Arena on Thursday, 7 December 2017 from 7-9pm.

Organised by Climb Scotland and the EICA, this will be the first get together for the Scottish Paraclimbing Club, who will be running the ‘Come and Try Paraclimbing’ session.

During the session, qualified staff will be on hand with access to specialist equipment to enable anyone with a disability to have a go and hopefully to get involved in this sport long-term.

The ambition for the club is to have weekly climb meets, club trips to various indoor venues, coaching sessions, outdoor climbing trips and training opportunities for members and volunteers.

 Victoria McWhannell, Events Manager at Ratho said: “After the really successful Paraclimbing Cup that was held in September, alongside the IFSC World Cup, we have seen an appetite for sessions that might encourage people with disabilities to get into this sport.

“At the September event, out of the 204 competitors there were 42 men and 17 women that participated within the Paraclimbing Cup, which far exceeded our expectations. These competitors,

despite their different disabilities which included visual impairments, amputations and health conditions, had different stories to tell and a common love of climbing. They were truly inspirational to everyone watching."

Places are subject to availability and booking is advisable.
Call 0131 333 6305 or email:
bookings.eica@edinburghleisure.co.uk to book.

Top – Local Paraclimber Keith Lynch competing in September