

CAPS Independent Advocacy – Eating Disorder Awareness Event

CAPS Independent Advocacy is holding an awareness event, in conjunction with Beat, the eating disorder charity on 14 November 2017.

✘ The event will raise awareness of eating disorders, an often misunderstood mental health condition, as well as celebrating what the CAPS eating disorder project 'Seen But Not Heard' has achieved through different pieces of work.

It will be an evening of talks, musical performances and spoken word from volunteers involved in both CAPS and Beat projects.

It is a free event – and light refreshments will be provided. The event is taking place on Tuesday 14th November from 5.30 -8pm (performances starting at 6pm) in the Grassmarket Community Project Centre, Edinburgh.

To book a free place or for more information please contact Niamh at niamh@capsadvocacy.org

All are welcome – we hope to see you there!