

Cycling – Falkirk Funduro dates confirmed



Falkirk Funduro set for Callendar Estate in November

Mountain bikers of all ages are preparing to compete on the trails around Callendar Estate in Falkirk in the annual Falkirk Funduro mountain bike event on

The family friendly races are being staged for a third straight year on the increasingly popular network of trails.

Toddler specialists Trail Tots will start the day with balance bike and pedal bike races and coaching for under 6's in the bike park within the event village.

Riders aged six to 11 can get their kicks in the "Mini Funduro", a multi-stage race that goes a bit further afield and features timed forest stages (mostly downhill) on flowing green and blue graded trails.

The main Funduro starts in the early afternoon and is open to riders aged 12 and over.

Riders have to tackle four timed stages with the option for riders to race after dark if they want to increase the challenge.

Night racing is fairly uncommon in mountain biking so the Falkirk Funduro offers a rare opportunity for riders.

Aaron Gray of organisers Muckmedden Events, said: "There can be a bit of hanging around between all the races, but we light up the bonfire and the Swedish candles and everyone just hangs out and stays cosy, or watches the other races until it's their turn. It's all very sociable."

Greenrig Cycles will be open for spares and repairs throughout the event and hot food and drink will be on hand all day.

A Muckmaiden Women's Coaching Day and Night Ride will be held prior to the main event on Saturday 11 November to give female riders a chance to pre-ride the race stages with other female riders or have professional skills coaching in a female-specific environment.