

# Sleep deprived at the Fringe? Book a nap here

We've all been there – it's mid-afternoon, the coffee's worn off and you're wishing you were snuggled up in bed...enter Casper, the global sleep company, as its [European Sleep Tour](#) comes to the UK as part of its mission to bring bedtime back!



1 in 5 people in the UK admit to LOVING naps, so much so that almost 15% nap on their lunch breaks. With the Casper Sleep Tour making sleep stops in London, Brighton and Edinburgh throughout the month of July, it's time to take the much-desired lunch-time nap to the next level.

Inside each of the sleep pods, consumers are encouraged to snuggle up with the brand's signature mattress – Casper only makes one and it is obsessively engineered for what they describe as 'outrageous comfort' – as well as its optimally cool sheets and unique pillow-in-a-pillow. Set within a snooze-inducing bedroom environment, each pod is complete with warm, ambient lighting, privacy blinds and the ability to control the space's temperature – everything you need for the dreamiest nap experience ever.

Before waking up to some tasty treats, lucky snoozers can opt to pick up the bedside phone and listen to a classic bedtime story. Couple the soothing tones of the story reader and the cosy vibes of the sleep pod and Casper challenges any snoozer to make it past chapter one.

## **STOPS**

The [Casper Sleep Tour](#) will be stopping in the capital :

- Edinburgh on the 4th August at Grassmarket Edinburgh and 6th August at Castle St Edinburgh

## **BOOK A NAP**

Either [BOOK A NAP HERE](#) in advance, or just roll up, roll into one of the pods, and experience the perfect sleep environment firsthand.