

Sleep deprived at the Fringe? Book a nap here

We've all been there – it's mid-afternoon, the coffee's worn off and you're wishing you were snuggled up in bed...enter Casper, the global sleep company, as its [European Sleep Tour](#) comes to the UK as part of its mission to bring bedtime back!



1 in 5 people in the UK admit to LOVING naps, so much so that almost 15% nap on their lunch breaks. With the Casper Sleep Tour making sleep stops in London, Brighton and Edinburgh throughout the month of July, it's time to take the much-desired lunch-time nap to the next level.

Inside each of the sleep pods, consumers are encouraged to snuggle up with the brand's signature mattress – Casper only makes one and it is obsessively engineered for what they describe as 'outrageous comfort' – as well as its optimally cool sheets and unique pillow-in-a-pillow. Set within a snooze-inducing bedroom environment, each pod is complete with warm, ambient lighting, privacy blinds and the ability to control the space's temperature – everything you need for the dreamiest nap experience ever.

Before waking up to some tasty treats, lucky snoozers can opt to pick up the bedside phone and listen to a classic bedtime story. Couple the soothing tones of the story reader and the cosy vibes of the sleep pod and Casper challenges any snoozer to make it past chapter one.

STOPS

The [Casper Sleep Tour](#) will be stopping in the capital :

- Edinburgh on the 4th August at Grassmarket Edinburgh and 6th August at Castle St Edinburgh

BOOK A NAP

Either [BOOK A NAP HERE](#) in advance, or just roll up, roll into one of the pods, and experience the perfect sleep environment firsthand.