

Top things to see and do at Edinburgh Food Festival

The Assembly Food Festival starts today but what can you see and do there?

Here is **The Edinburgh Food Festival 'Top 10'**

Back for a third year, Edinburgh Food Festival celebrates the finest of Scotland's food and drink offerings with artisan producers, stallholders and on-trend foodie talks and demos set to take place.



Free to enter the festival runs from today until 30 July in George Square Gardens, Edinburgh.

More stallholders and talks are to be announced but here are our current Top 10!

For more information and regular updates [visit the website.](#)

1. EAT MHOR AT EDINBURGH FOOD FESTIVAL

The highlight of this year's festival is Eat Mhor, a one-off, 6-course dining experience hosted in the glamour of the famous Speigeltent du Variete. Run by Monachyle Mhor's Chef Proprietor, Tom Lewis, he'll be bringing the Mhor charm to the city for two nights only, Friday 28 and Saturday 29 July. Tickets are limited and the food is superb so get your tickets now!

2. POCO PROSECCO

Fizz on tap? Say no more! Poco Prosecco is bringing their vintage van to the gardens to keep that smile on festivalgoers faces. Drawing from Italian tradition and maintaining the joys

of Italian culture, Poco Prosecco also offers the summer delight of classic Italian cocktails!

3. GROATS

A hearty breakfast is key when you have a long day of socialising ahead! With tradition at its heart, Groats offers the Scottish classic dish of porridge to revelers all weekend long. Simmered in almond milk and topped off with a delicious range of toppings, this is a complete indulgence of the healthy kind. Who knew there was such a thing!

4. DRINKING IN THE GARDENS

Kick back, relax, and soak up the atmosphere! George Square Gardens is the perfect suntrap to get yourself in the festival spirit with friends and family. With bars at each end of the gardens and various drinks stallholders dotted around the garden, you won't be going thirsty this weekend.

5. CHICK+PEA

There's nothing like a little spice to heat things up even more on a hot summers day. Chick+Pea will be bringing their retro Citroen H van stocked with the incredible flavours of the Mediterranean and Middle East's to add some pizzazz to the Gardens offerings. Make sure you stop by to tantalise your taste buds!

6. SLOW FOOD TASTE ADVENTURES KIDS

Slow Food... but fast learning! Edinburgh Food festival welcomes kids of all ages to explore the wonderfully diverse food and drink offerings Scotland has to offer through a range of taste adventures provided by Slow Food Edinburgh. These take place on Sunday 30th July, midday, in the Piccolo Tent. So grab your little foodies and head on down!

7. JÜS

Who wouldn't want to go and see a giant, nomadic orange, bringing fresh, fast and fun drinks around Scotland this summer? Jūs serve 'raw soda' exclusively on draught; this promises only natural ingredients, raw organic cane sugar, and no artificial nasties. The result: delicious and guilt-free RAWSODA which can be enjoyed on its own, or with your favourite spirit!

8. SAVOURY ICE CREAM

You saw it on MasterChef and now you're seeing it here...savoury ice cream has arrived in Edinburgh! Join gelato experts, Jannettas Gelateria in the Piccolo Tent, 2pm on Thursday 27th July, for a discussion on this pioneering trend. Jannettas will be giving you an insight into the growing trend and tips on how you can start pushing boundaries in the kitchen.

9. FYNE ALES

We'll be 'fyne' and dandy at Ed Food Fest this summer with the arrival of the super 'fyne' Loch Fyne Ales! Highlander, Maverick and Hurricane Jack are just a few of the handsome fellas who will be featuring on their stall.

10. ALANDA'S SCOTTISH SEAFOOD GRILL

Nothing says Scotland more than an array of fresh, Scottish seafood. Enter in Alanda's, an Ed Food Fest regular, and rightly so for the fantastic range of treats she offers. Bringing beautifully cooked salmon, mouthwateringly fresh oysters, crab and lobsters its no wonder she's a favourite amongst our visitors. This year she's adding a touch of heat with her spicy Haddock tacos!