

Ice hockey – Plews back with Capitals with high hopes



Tyler Plews back with Capitals and looking to the club's new coach to improve his game

Edinburgh Capitals defenceman Tyler Plews believes new coach Dmitiri Khristich can be the man to bring the best out of him.

The 19-year-old has re-signed for a third season at Murrayfield and keen to kick on after impressing in his previous two campaigns.

And he admits he's excited to find out who else will be joining the club as excitement builds over the new era in Scotland's capital.

Plews said: "It was an easy choice to return with the announcement of Dmitri Khristich as head coach.

"Being coached by a person of his calibre will only bring out the best of me as a player.

"Looking at next season, there's only been a few signings before me but so far its looking good and having Pav (Vorobyev) back is a huge boost.

Plews has made over 100 appearances since signing for the club under Riley Emmerson's regime and he earned himself a Great Britain call-up to last year's under-20's World Championships.

Coach Khristich said: "I'm looking forward to working with Scottish youngsters like Tyler (Plews). I want to work with players who know they have to work hard to play on a regular basis in this league.

“Tyler has good size and, combined with the right attitude, he can progress.”