

Edinburgh Festival Fringe 2017 – Trashed

Nineteen years working the bins and Goody's about to crack. Trashed is a grimy, booze-fuelled sucker punch of a play, bound to make you laugh until you cry. Expect love, loss, loneliness and lots of cider!



LAB RATS make their Edinburgh debut with the world premiere of a hilariously touching one-man show written by Sascha Moore and performed by David William Bryan. Trashed transforms Belly Dancer into a rancid Yorkshire fly-tipping site for a whirlwind account from Keith 'Goody' Goodman – a mid-thirties bin man struggling to deal with the death of his daughter whilst battling his uncontrollable thirst for booze.

Unapologetically working class, funny and dark, Trashed is a highly physical, powerhouse of a play that will leave you breathless.

Goody is a raucous anti-hero whose life is, quite literally, rubbish. Unable to talk about his feelings and just about ready to explode, he has a dark secret; one of many things he's hiding in this ominous rubbish dump. For one hour only, Trashed lets us see the world through the eyes of a man learning to express himself but realising it's way too late in the game.

He's overconfident, insecure, brash, bitter, playful, downtrodden and very, very drunk. But when does it stop being funny and just become tragic?

Writer Sascha Moore commented : “Trashed is, at its core, a story about loss: of loved ones, opportunity and of oneself. Emotions associated with grief are universal and easily recognisable, but our coping strategies are widely varied, in both method and effectiveness. I wanted to explore what happens when our ability to self-soothe fails and our pain manifests itself in disastrous ways.

“Is tragedy ever a justifiable excuse for bad behaviour? Is the distinction between villain and victim really as explicit as we assume it to be? Or is it just too abhorrent to consider that we are all on the verge of doing something unthinkable?

David William Bryan and Sascha Moore met at a writer’s group at the BushTheatre in 2012.

They formed LAB RATS in 2016, out of a mutual desire to produce affordable, high quality and engaging fringe theatre which is as accessible and entertaining to first time theatre goers as it is to regular audiences and those in the industry.

[Tickets here](#)

Underbelly Cowgate (Belly
Dancer) | 66 Cowgate EH1 1JX |

3 – 27 August 2017 |13:40