

# Daylight 'could reduce breathing problems'

A window manufacturer claims daylight and ventilation are key to reducing the risk of respiratory health conditions.

Fife-based VELUX says research indicates that residents living in dark homes are 27 per cent more likely to report poor health conditions including asthma and chronic obstructive pulmonary disease.

In addition, people living in damp, unhealthy buildings in the UK are 34 per cent more likely to suffer from health conditions.

Grant Sneddon, the firm's product manager, pledged: "We're committed to finding new ways of planning buildings and cities where both people and the environment are placed at centre stage."