## Two month campaign to prevent child sexual abuse

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Police Scotland and local authorities have launched a twomonth campaign with the charity Stop It Now! Scotland as part of ongoing efforts to prevent child sexual abuse.

Stop it Now! Scotland is the Scottish arm of The Lucy Faithfull Foundation, which is the only UK-wide charity focused solely on preventing child sexual abuse.

Stop It Now! provides confidential and anonymous support to people who are having sexual thoughts about children and young people, supporting them manage these and control any associated behaviour.

In February, Stop it Now! Scotland reported that 1,600 people had sought their help to stop looking at sexual images of children online in 2016 alone, either through the charity's confidential helpline or from the self-help section of its website.

Stuart Allardyce, National Manager of Stop it Now! in Scotland, said: "Stop it Now! Scotland has worked with hundreds of men arrested for viewing sexual images of children.

"For many, being arrested was a real wake-up call. Many knew what they were doing was wrong, but struggled to change their behaviour on their own. That's where our work comes in.

"We make sure these men understand the harm they have caused the children in these images, and also the serious consequences for them and their families if they don't get to grips with their online behaviour. Once they understand this, they become far less likely to reoffend.

"But there are thousands of men out there viewing sexual images of under 18s. We need to get to them too, to help them understand what they are doing is illegal and incredibly harmful to the children and young people in the images – and to get them to stop.

"People can get help via contacting our service directly, our helpline, or online – all support given is completely confidential. So if you are struggling with your online behaviour, or if you know someone who is, please get in touch."

Between April 2016 and March 2017, officers recorded 51 crimes of possessing indecent images of children in Edinburgh and 80 in the Lothians and Scottish Borders, with 98% of these solved so far.

This compares to 69 crimes recorded between April 2015 and March 2016 for Edinburgh and 62 across the Lothians and Scottish Borders. Of these, 97.5% were solved.

Police Scotland has a dedicated Cyber Crime Unit in the East

which continues each day to investigate those who view sexual images of anyone under 18.

Detective Chief Inspector Brian Stuart of Police Scotland's Cyber Crime Unit in the East said: "Our ultimate goal here is to protect children.

"Accessing these images is not a victimless crime. A child is re-victimised every time an image of them is viewed and this creates further demand for these appalling materials.

We have a highly experienced and dedicated Cyber Crime Unit with access to extensive investigative techniques to pursue perpetrators of these crimes.

"The consequences of this behaviour for an individual are life-changing and can include losing your job, being imprisoned and registered as a sex offender.

"I'd urge anyone who is having inappropriate thoughts about children to seek help from Stop It Now! Scotland. Otherwise, expect a visit from officers."

The campaign is being supported by the City of Edinburgh Council, West Lothian Council, Scottish Borders Council, East Lothian Council and Midlothian Council with our partners in NHS Lothian and NHS Borders.

Michelle Miller, Head of Safer and Strong Communities and Chief Social Work Officer at the City of Edinburgh Council said: "The reporting of these crimes is increasing. This is a result of greater awareness and a growing willingness on the part of victims and the public to report.

"Partner agencies, working together, have increasingly sophisticated ways of detecting these crimes; however, the main focus of this campaign is prevention: first and foremost, of the harm caused to children, but also of the impact on the adults involved." To get help, call Stop It Now! Scotland confidentially on 0131 556 3535 or visit <u>get-help.stopitnow.org.uk</u> where further advice, including a self-help section, is available.