

Ice hockey – King back at Capitals looking to improve



Jay King back at Capitals and looking to improve. Picture by Ian Coyle

Edinburgh Capitals defenceman Jay King believes his game can progress under new coach Dmitri Khristich after agreeing to stay at Murrayfield for a sixth season.

The 21-year-old came through the youth system and has made over 200 appearances for the Caps in the last five seasons.

Now he's hoping to contribute more next season as the club set their sights on a play-off berth at least this season.

He said: "I'm excited to get started working under coach Khristich and I have a feeling playing for a non-playing coach will really help me progress and bring out the best in my game.

"With the news that Pavel Vorobyev is returning too it gives us a really good start to building our offence.

"I can't wait to get started and hopefully the fans are going to have a lot to cheer about this season and that I can contribute more to the team in as I develop further."

New coach Khristich is also glad to have the former GB under 20 international on board and says he's looking forward to working with him.

Khristich said: "Jay is a local guy from Edinburgh and I know he is proud to play for this team and represent the Capitals.

"He's played with team for a number of years since he was 16 I'm told, so it'll be good to have him as part of the squad as

others settle in.

“While he isn’t a big player in terms of size, we’ll focus on him using his talent to make smart plays and to be in the right place at the right time.

“I know he’s played as a forward and on defence so understands both sides of the game. I’m looking forward to helping him develop further as a player.”