## Edinburgh Leisure — Take up the Jump in swim challenge

Children from Craigentinny Nursery completed their summer term course of Jump-In lessons earlier today with a big splash.

You are invited to take up the challenge of swimming for a month to get fit but also to raise funds for swimming lesson for local nursery school pupils all at the same time.

Edinburgh Leisure is inviting people to sign up to their first ever public fundraising event — the 'Jump In Swim Challenge', which begins on September 1.



Swimmers who take up the challenge will stroke, crawl and paddle for 30 days and raise money to give local nursery school pupils who are affected by poverty the chance to learn to swim.

The fitness company has recognised that this is an opportunity that many of these children do not have and they want to do something about it.

We got this video from <u>@Ed\_Leisure</u> but added our own creative touch.....at the end...! You could learn to do this too!#JumpInSwimChallenge pic.twitter.com/u2YfGBoXWR

Edinburgh Reporter (@EdinReporter) <u>June 29, 2017</u>

The 'Jump In Swim Challenge', which is open to anyone to take part, invites people to swim a total distance of 5km or 10km in September. For those looking to be a little bit more adventurous, they can take in the 10×10 Challenge and swim their 10km across Edinburgh Leisure's 10 pools over the course

of September.



Edinburgh Leisure Chief Executive June Peebles said: "every child should learn to swim; it's fun and a great way to be active, as well as being a potentially life-saving skill. Swimming is also an activity that you can do throughout your life — as demonstrated by the age range of our swim customers! All money raised by Jump In challengers will enable Edinburgh Leisure to provide nursery school children the chance to learn to swim. As little as £40 will fund one child through their 8 weeks of swimming lessons, with a target of 500 children being set for the project. I encourage anyone who is interested in a new challenge to Jump In and contribute to this wonderful event."

Since 2012, Jump In has helped 1,500 nursery school children become safer and more confident around the water. The project works with local authority nursery schools situated in areas of deprivation. Children get a free block of swimming lessons and the chance to go swimming with their family for just £1. This is followed by six months of discounted lessons, giving parents an affordable way for their child to become a more confident swimmer.

Are you interested in taking part in the challenge? You can register online at <a href="https://www.edinburghleisure.co.uk/jumpinswimchallenge">www.edinburghleisure.co.uk/jumpinswimchallenge</a> or pop in to any Edinburgh Leisure venue for details.