## Cycling — Sign up for Tour O The Borders

Adventurer and cyclist Mark Beaumont rode out with some of the Tesco Bank staff yesterday afternoon to publicise the upcoming Tour O The Borders. He took some on a ride through Edinburgh and West Lothian and gave them some advice about the cycling challenge.

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Mark Beaumont said: 'I am delighted to be supporting Tesco Bank Tour O The Borders. This is a stunning route, well chosen to be a challenge to all level of cyclists. It's great to see the enthusiasm of the Tesco Bank employees to get on their bikes and get active. I'll be sharing lots of tips and hints in the lead up to September 3rd to make sure they are in great shape for the big day.'

An expected 2,000 riders will take to closed roads for the Tesco Bank Tour O The Borders on Sunday 3 September 2017 on either the 88km or 120km sportive route. Starting and finishing in Peebles both routes wind through the rolling hills of the Scottish Borders passing some of the most picturesque scenery in the whole of the UK.

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Chris Newton, Tesco Bank Community Investment Manager, said:

"We are delighted that Mark was able to give our staff this opportunity to ride with him ahead of the big event in September. Mark is such an inspirational person and an advocate for taking on challenges as well as leading an active and healthy lifestyle which fits with our commitment to encouraging healthy choices for our staff and customers."

For further information and to sign up visit:

http://tourotheborders.com/