

# Tartan Week 2017 – The Kilted Yogis



[Tristan Cameron-Harper](#) and [Finlay Wilson](#) have recently made themselves pretty famous by agreeing to be filmed for The BBC Social Channel.

There they are in the middle of the Hermitage near Dunkeld practising yoga, in kilts – in the forest. You will no doubt have seen them, but if not then have a look [here](#). Together they form the partnership, The Kilted Yogis.

The Edinburgh Reporter met them when they paid a visit to Howie Nicolsby at 21st Century Kilts in Thistle Street to get their kilts fitted for the upcoming trip to New York and spoke to them about their amazing year so far.

[The Edinburgh Reporter meets the Kilted Yogis](#) from [Phyllis Stephen](#) on [Vimeo](#).

FW: We're here to get measured up for our kilts for the New York Tartan Week

TCH : "My friend Howie at 21st Century Kilts is going to give us some kilts to wear for Tartan Week and we are being fitted for our new kilts that we are going to be rocking after New York! Stay tuned for that!

FW : "We are going to be filming some more stuff with the BBC showcasing lots of different things around Edinburgh as well as for VisitScotland.

TCH : "We will be going up to the Highlands to get on top of the biggest Munroes showcasing some amazing yoga moves that Finlay will be sequencing together.

FW: "They're probably going to be cheeky!"

This is a reference to their viral video where right at the end the kilt may drape a little bit too far... or does it?

We asked how their new persona as the Kilted Yogis came about.

FW : "This came about from the video that we created for the BBC. All of a sudden overnight it turned into a viral success with 15 million viewers on the first day and over 55 million views now. We are officially the Kilted Yogis!"

TCH : "Yeah, it's opening a lot more doors and we hope people will wear more kilts and get into yoga much more."

Both are travelling to Tartan Week at the beginning of April when The Edinburgh Reporter hopes to bring you news, photos and video of them Stateside.

What will they be up to over there?

FW : "In New York we are going to be doing some yoga in some fairly iconic places, we're going to be meeting loads of different people."

TCH : "Yes and we are going to be working with VisitScotland to do a bunch of fun activities and some whisky tasting, and just going with the flow and enjoying the buzz really."

This pair are having a great time together!



Tristan is the current Mr Scotland. He went to take part in Mr World this year after encouragement from his modelling agency. "I didn't think I was going to get it but two weeks later I got a call saying 'You're Mr Scotland and you're going to Mr World. I went to Southport of all places – normally it is somewhere abroad! It was a great experience and I finished sixth overall. But Mr Scotland is a very cool thing to add to

my CV and I had a great time doing it.

“To become Mr Scotland I went through a series of interviews with the former Miss Scotland and Miss United Kingdom. There were health challenges, assessment of social engagement both on and offline, cooking challenges, charities that we work with, how we get on in certain groups of people. Judges were round us the whole time judging us and scoring us. Then at the end they came up with this amazing result! Mr India won it.

“Everybody was really nice and it was a great experience.”

he is an ambassador for Tiso, was formerly a professional ice hockey player with Braehead Clan, having lived for a good part of his life in Canada, attending Banff Hockey Academy, and is also a model with Model Team. He writes a [blog](#) and has ambitions to climb Everest.

There is no doubting that this will come true as he is so enthusiastic about the way he chooses to live his life. Last year he already trekked to Everest Base Camp, all part of the preparation. He said afterwards : “This trip has been extremely positive for me not only being around the beautiful people of Nepal but on a personal level, I have a better understanding of who I am & where I want to go in life.”

Currently he takes every opportunity he can to go to the mountains to perfect his mountaineering skills. You can follow his adventures on Instagram [here](#).

Tristan is going to Tartan Week in the company of Gordon Millar of ScotStreetStyle who he first met a few years ago at one of the ScotStreetStyle Gatherings. He explained : “He gets all these creative people involved and there’s lots of buzz about Scotland. He and I have become really close and he asked if I would come along and represent ScotStreetStyle in the New York Tartan Day Parade. So we are off to New York to do just that!”

Finlay is a Classics scholar who studied at St Andrews University and now runs two organic food shops as well as Heart Space Yoga and Bodyworks in Dundee.

He likes to travel and teaches yoga all over the world. He has promised us an invitation to the rooftop yoga class he intends teaching in New York. Watch this space!

