

Horse McDonald at Potterrow on 21 April

The Scottish singer-songwriter, Horse McDonald, is to take her award-winning one-woman play, *Careful*, on the road for a Scottish spring tour.

☒ First performed at the Edinburgh Fringe in 2016, this poignant and compelling story of Horse's triumph over adversity through music, is collaboratively written with writer and comedian Lynn Ferguson, directed by Maggie Kinloch and produced by The Gilded Balloon. It will tour to 19 venues throughout Scotland from Thursday 16 March to Saturday 27 May including The Studio, 22 Potterrow, Edinburgh on Friday 21 April.

After each performance, Horse will be joined on stage by director Maggie Kinloch for an intimate, 'audience with' Q&A session. For her music fans, Horse will also weave into the second half of the evening a small selection of her favourite songs from her illustrious career, prompted by the evening's questions.

There are times in life when you need to be careful...

Growing up gay in Lanark in the 1970's;

When the reward is half a pack of fruit pastilles;

When the lady on the train tells you about the doctor you should meet;

... but you'll always be saved if you use your voice.

An Education Resource pack, a resource for teachers, trainers, community workers and lecturers, that explores the themes and issues raised in the play, has been produced.

Maggie Kinloch, director of Careful, said: "The Education Resource Pack which accompanies the tour of Careful written by Lynn Ferguson in a collaborative process with Horse McDonald, was created by Jason Sweeney.

"It is designed to provide a resource for teachers, trainers, community workers and lecturers to explore the themes and issues raised in the play. Horse's lived life experience, growing up gay in Lanark in the '70's, provides a starting point for exploration of LGBTQ history and rights, themes of bullying, bereavement, grief, parental relationships and the universal theme of finding ones voice."

Horse takes to the stage as an admirably frank and engaging teller of her own touching story of survival, from wearing two-tone velvet loons to becoming one of Scotland's most celebrated singers; painting a vivid and powerful picture of those times when she had to be... Careful.

Horse is iconic. She has few peers, utterly unique, with breath-taking stagecraft. Her voice is a 'finely honed instrument'.

Since her studio debut in 1989 with single, You Could Be Forgiven, Horse's power to reinvent and advance her musical style and prowess has been unshakable.

She has released nine albums including The Same Sky and God's Home Movie. As well as touring in her own right, she has toured with international artists like Tina Turner, BB King, Bryan Ferry and Burt Bacharach.

[Horse in Careful...](#)