

# What's on this week at the Storytelling Centre – a home for Scotland's culture



Monday begins with the first of the new Mind Well events, a relaxed, social session of stories, songs and laughter in the Storytelling Court. Hosted by some of our loveliest storytellers, with tea, coffee and biscuits included. Come to join in, or just to listen, with friends old and new.

Edinbal Dance Workshops are back on Wednesday From social and energetic dances from Brittany or joyful group dances from the Basque country, to warm, exuberant Southern Italian dances or smooth couple dances from France, this series will take you on a folk dance tour of Europe! | 7pm (2hrs) | £5 (Conc. £3, SCS £2.50)

On Thursday, young Highland singer-songwriter now based in Glasgow Josephine Sillars presents her sell-out Fringe show Ripped From the Wire Spine in the theatre, combining music, storytelling, film and poetry

A coming-of-age story about growing up in the Highlands and navigating adulthood in the central belt. Mixing music, storytelling, film and poetry, the show explores the Scottish music scene, examining the challenges young musicians face when balancing the creative side with the business side. Including interviews from Rachel Sermanni, Emma Pollock, Declan Welsh, We Came From Wolves and many more. A multi-media experience not to be missed! With support from Emily Elver and Bella & the Bear. 7.30pm (2hrs 15) | £10 (Conc. £8, SCS £7.50)

Join TRACS on Saturday to explore The People's Parish – a new initiative to support communities in exploring, shaping and

creatively using their local assets, traditions and history. Come along to hear more about how to get involved in this exciting project. | 10.30am (6hrs) | £18 (Forum Members £14)

On Saturday evening, Men with Coconuts & Friends are back for another evening of improv hilarity in the theatre – fantastic, stress-free way to enjoy the weekend!

The award-winning musical improv comedy troupe are joined by new and established improvisers and sketch comedians as they present two hours of off-the-cuff scenes and original sketch comedy.

8pm (2hrs) | £8 (Conc. £6, SCS £5.50)

Exhibition: Voices of Experience

Fri 10 Mar – Sat 8 Apr | 10am-6pm | Free

An exhibition of images and audio from photographer Jim Mackintosh that explores our social history by celebrating the lives, experiences and achievements of the older members of our community. Over 40 volunteers aged 75 – 106 gave very open and honest accounts of their life stories, which revealed hardship and deprivation, luck and good fortune, laughter and tears, and what it means to be old.

Sometimes the Centre's exhibition space is not accessible to the public because of a private function booking. Please call ahead to check.