

Heart transplant patient visits Edinburgh on his walk around Britain



Kieran continues his walk around the British coastline by visiting the Lothians

A heart transplant patient is walking the Lothian coastline as part of a 5,000-mile trek around Britain to help raise £100,000 for the British Heart Foundation's (BHF) life saving research.

Kieran Sandwell, 45, from Hertfordshire is taking on the challenge, called Trail of Two Hearts, to mark the end of his battle with heart disease after having a heart transplant eight years ago.

After setting off on Wednesday 1 February from London, Kieran crossed the border into Scotland on 28 March and will be visiting Port Seton, Portobello, Edinburgh, Leith and South Queensferry. He expects to be in the capital on Sunday 2 April 2017.

And he is calling on the public to support him on his journey.

In the City of Edinburgh, nearly 50,000 people are living with heart and circulatory disease and Kieran said: "The inspiration for my challenge came to me around 25 years ago,

"Then it was only something I could dream of because of my health. Walking the coast of Scotland will be the toughest part of this challenge to date.

"My second heart has enabled me to do so much and I'm urging the public to help me support the BHF's ground-breaking

research by sponsoring me or walking with me.”

Sarah Miller, BHF Scotland Fundraising Manager for Edinburgh & the Lothians, said:

“We never cease to be amazed by the incredible way our fundraisers raise money for our research, but Kieran’s coastline challenge is one of the biggest we’ve ever seen.

Berghaus, the outdoor clothing and equipment brand, are supporting Kieran on his walk by providing clothing including a waterproof jacket and warm winter-wear.

To support Kieran on his journey and find out how you can get involved to help save even more lives visit www.atrialoftwohearts.com