

Colinton care home residents enjoy Vera Lynn sing-along



Residents at a local care home sung their hearts out when they celebrated Vera Lynn's 100th birthday by joining a nationwide sing-along.

Residents from Care UK's Cairdean House care home on Redford Road enjoyed a day of singing in celebration of the forces' sweetheart's milestone birthday.

The local community joined residents, and enjoyed turning back the clock to sing the popular wartime song "We'll Meet Again". Guests also enjoyed musical entertainment from local singer, Sarah Laing, who performed a selection of 1940s hits for residents and visitors.

Michelle Reid, home manager at Cairdean House, said: "We had a brilliant day celebrating Vera Lynn's 100th birthday and the local community and residents thoroughly enjoyed singing memorable hits from their younger years.

"Singing can be a powerful reminiscence activity, and many of the residents will have grown up listening to Vera Lynn's music. Even when memories become particularly hard to remember, often music can still be recalled, so a group sing-along can be calming for those living with dementia, and can encourage them to talk about memories from their childhood.

“It was great to be joined by the local community for this special occasion, and to share memories of wartime together. Sarah also took us all back to the 1940s with her wartime repertoire, helping everyone get in the party spirit.”

More than 50 Care UK homes took part in the nationwide sing-along, culminating in a filmed tribute to the national treasure

Caption – (L-R back row) Nikki Lindsay – Lifestyles coordinator, Debs Ball – Lifestyles coordinator (L-R front row) Jean Mein – Resident, Gillian Nakisa- Resident, Sylvia Crystal – Resident