Ice hockey — Dowd double sinks bottom markers Capitals

Elite League: Edinburgh Capitals 0, Sheffield Steelers 3

A Robert Dowd double sank bottom club Edinburgh Capitals at Murrayfield to make their bid to make the top eight and secure a play-off spot that much harder.

The Great Britain international struck after 16 minutes and again after 45 minutes and Levi Nelson secured the win with a third in the 55th minute.

Capitals were outshot 42-25 in the game and Edinburgh combine completed another weekend without collecting a point after their 7-5 defeat at Braehead Clan on Saturday.