

# Ice hockey: Capitals have tough assignment against Steelers

✖ Jacob Johnston admitted that Edinburgh Capitals are up against it when they clash head-on with high-flying Sheffield Steelers in Yorkshire tonight (Wednesday).

The Canadian-born defenceman, now in his second season at Murrayfield, said the club, who anchor the ten-strong Elite League, need points in Sheffield if they want to keep their play-off hopes alive.

And the 28-year-old said: "We have a very tough match against Sheffield but have no choice but to keep expectations high.

"We go into every game expecting and needing two points and it's getting to that point in the season where we need to be climbing the standings and earning a play-off spot."

Capitals go into the game against third-placed Steelers after beating Dundee Stars 3-2 in Edinburgh on Saturday before losing 6-0 at Stars on Sunday.

Johnston admitted: "We are still playing very inconsistent hockey as demonstrated this past weekend against Dundee.

"We played a solid game on Saturday when we took care of our defensive zone but on Sunday we didn't have that same discipline.

"Going forward, we need to play consistent hockey and be prepared for tough games each and every night."