## Bield is looking for volunteer befrienders



A local organisation is looking for volunteers to help them provide user services for their elderly clients.

They would like to recruit some volunteer befrienders who would be able to spend 1-1 time with some of their residents to provide companionship and some social time during the day.

Ruth Bowen, Volunteer Development Manager at Bield, said: "At Bield we encourage our tenants to pursue their interests and hobbies as it is central to our 'Free to Be' ethos but they often need a little support to be able to do this.

"We have a number of wonderful opportunities to become involved and get to know some fantastic people."

Charity organisation Bield who are one of the largest providers of housing and care in Scotland have several housing developments in Edinburgh including Saunders Court, Brookwell Court, Milton Court and Donaldson Court.

If you would like to volunteer and are a friendly and sociable person then Bield would be interested in hearing from you. Please visit <a href="www.bield.co.uk/work-us/volunteering">www.bield.co.uk/work-us/volunteering</a> or email <a href="volunteering@bield.co.uk">volunteering@bield.co.uk</a> for further information.

Enquiries are welcome from people of all ages over 16. Full training and support will be given and a minimum commitment of six months is required.