## Challenge yourself this New Year!

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If you are now thinking of getting fitter in the New Year, then you may need a goal to work towards.

Barnardo's Scotland have one for you. They invite you to take on the Edinburgh Marathon to raise funds for vulnerable and disadvantaged children.

But hurry as registration close on 3<sup>rd</sup> and 17<sup>th</sup> January!

On Sunday 28<sup>th</sup> May, an estimated 30,000 runners will take to the streets of Edinburgh egged on by thousands of cheering spectators. The Edinburgh Marathon will take runners past some of the city's best scenery and historic landmarks. A flat and fast route, this is a great route to try out your first marathon or achieve a personal best!

If you would like to register or are already running for Barnardo's Scotland, contact events coordinator Jordyn on 0131 446 7021 or jordyn.armstrong@barnardos.org.uk All runners will receive a running vest and sponsorship pack on registration with Barnardo's Scotland.

(and yes we hope to get some newer photos this year!!)