

Photography exhibition documents recovery journey

Garry Fraser BAFTA winning film director of *Everybody's Child*, a story about his own addiction recovery journey will open a photography exhibition in Edinburgh on Friday.

The photographs are the work of Patrick Keast and they will be displayed at My Front Room, 5 Salisbury Place EH9 1SL from 2 December 2016.

Patrick is also on a recovery journey and is supported by Cyrenians recovery hub in Bathgate.

Patrick said: "My photography is like art therapy for me. Being absorbed in a creative process is very liberating. My hope is that my photography can provoke thoughts in others as it has in me."

Garry Fraser, who most recently worked as assistant director on *Trainspotting 2*, said: "I think it's great to be part of an exhibition that highlights the importance of creating a link between creativity and recovery. It's a subject that's very close to my heart."

Owner of My Front Room, Nick Keenan said: "I am really excited about being able to display this work this month. From the moment I met Patrick, his journey inspired me, and I feel it can resonate with anyone who wants to make a change to their life.

"Patrick and I have painstakingly sifted through countless images to portray the three stages of his journey: the immersion in addiction, the realisation that there was something more out there and the tough but rewarding journey he's still currently on. This exhibition is designed to inspire others to realise that it's never too late to make a

change. I hope people enjoy it as much as I have enjoyed putting it together.”

Cyrenians CEO Ewan Aitken said: “We are very grateful for Garry finding the time to open Patrick’s exhibition and to Nick Keenan for hosting it in his café. Patrick’s photos are an extraordinary insight into the journey of recovery and I can’t recommend them highly enough. It is a brave thing he has done in putting this exhibition on. Hopefully it will inspire others to tell their story and increase the understanding about the reality of addiction and the need for support in recovery for the whole community, as Garry and Nick have shown.”

To find out more or to help the charity [click here](#)

