

# Edinburgh Leisure – vaulting for success

Have you been inspired by the gymnastics at this year's Olympics? Get a slice of the action at Edinburgh Leisure's annual gymnastics display.



Girls' from Craiglockhart's Gymnastics Club will be performing once again at Edinburgh Leisure's 2016 Annual Display

Now in its 15th year, over 1,110 gymnasts, dancers and trampolinists from five gymnastics clubs and three trampoline clubs from across nine Edinburgh Leisure venues will be coming together to delight audiences with their annual display at Meadowbank Sports Centre on Saturday, 10 December 2016.

Gymnastics Development Officer Laura Nimmo said: "Gymnastics and trampolining are a great way to provide a healthy and active lifestyle. They have many benefits and help children to gain strength, stamina, balance, coordination, flexibility as well as self-confidence.

"This annual event gives the children with Edinburgh Leisure's coaching programme the opportunity to showcase what they have been working so hard on throughout the year. In addition, it allows them to see performances of all levels and inspires them to reach for the stars, or maybe even that gold, silver or bronze medal in the future."

As well as featuring over 15 performances from Edinburgh Leisure gymnastics and trampoline clubs, there will also be special guest appearances from clubs across the region,

including City of Edinburgh GC, Meadowbank GC, Gracemount Ibex GC, Jack Kane GC, Kestrel GC, Enigma GC, West Pilton Neighbourhood Centre Gymnastics, East Kilbride GC and Edinburgh Spirals Trampoline Club.

Tickets are now on sale [here](#). Check Edinburgh Leisure's website for specific times.

Click here for more information on gymnastics' classes at [Edinburgh Leisure](#) and get inspired!



Get Inspired with  
Edinburgh Leisure's  
Annual Gymnastics'  
Display