

# Great weather for the Scottish Half Marathon and the Scottish 10K

On a lovely sunny morning in East Lothian over 5,000 runners lined up for the Half Marathon and the Scottish 10K which both finished at Musselburgh Racecourse.

The event raised about £500,000 for the official charity Cancer Research UK.



10K Finishers crossing the line.

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Scott Stirling from Falkirk won the Scottish 10K in a time of 31 minutes 19 seconds. Second was Peter Avent in 32 minutes 50 seconds and third was Andrew Lawler in 32 minutes 59 seconds.

First female home was Sarah Laverty from Edinburgh in 37 minutes 53 seconds, followed by Jennifer Carrasco in second place in 39 minutes 26 seconds and Kristin Lownie in third in 40 minutes 49 seconds.



Bryan Mackie winner of The Scottish Half Marathon © Lesley Martin 2016

The Scottish Half Marathon set off from Meadowmill Sports Centre at 11am on a flat 13.1 mile route. First home was Bryan Mackie of Edinburgh AC in 1 hour 11 mins 36 seconds. James Bennett from London was second in 1 hour 13 minutes and 22 seconds and Craig Reid of Bishopton was third in 1 hour 13 minutes and 55 seconds. Dianne Lauder from Hawick won the women's race in 1 hour 20 minutes and 14 seconds setting a new course record. Mia Putsch of Edinburgh tussled with Jo Newens

on the finish straight but held on to second place in 1 hour 26 minutes 21 seconds. Newens was third in 1 hour 26 minutes and 24 seconds.

Natasha Wilson ran (and finished!) in both races : first the Scottish 10K at 9am and then two hours later she set off on the half marathon for another 13.1 miles. She has had a bit of a year as she was struck by the official motorcyclist when competing for Great Britain in the Duathlon event. Soon after she was back on her bike, but when she competed in Wales she was dragged into the slipstream of a passing lorry and flipped off her bike. She walked away with some internal bleeding and an AC dislocation, although at first it was suspected that she might have broken her neck.

Race Director Neil Kilgour said: "We hope everyone had a brilliant time today. We were delighted to see so many runners take part in the first ever Scottish 10K in the morning and ten to see thousands more crossing the half marathon finish line later in the day. The weather was kind to us and the atmosphere at the finish line at Musselburgh Racecourse was fantastic."