

Five things you need to know today



- #GlowGold
- Green Pencil Award
- The Nudge
- Balmoral has a new uniform
- Hamilton & Inches summer

Last night was the first night of a seven night golden glow in St Andrew Square, and several buildings around the city also lit up gold. And it is all for a good cause.

Glow Gold in September was started by a group of parents of children with cancer, many of whom have already lost their child to the disease. In our newspaper and also [here](#) we told you the story of Kai and his mum Pam Neilson who is one of the people behind the campaign.

The childhood cancer awareness campaign has the backing and support of many well known charities nationally and locally including Cancer Research UK Kids & Teens Fund, Clic Sargent, CCLG and CCLASP.

[Read more here.](#)



Young entrants to Edinburgh's Green Pencil Award were immersed in their subject matter at the launch of the annual writing competition yesterday.

Preston Street Primary School pupils explored the competition's theme, Scotland's Glorious Gardens, with a visit to the capital's famous Princes Street Gardens.

They were also joined by children's author Vivien French, whose books include Oliver's Vegetables and the Tiara Club series, for a special writing workshop.

Children, who must be p4 to p7, can write a poem or story, which could focus on anything from a memorable visit to a Scottish garden like the Royal Botanic Gardens or a creative depiction of what the ideal Scottish garden would look and smell like.

Culture Convener, Councillor Richard Lewis, said: "This is a popular and engaging competition for budding writers across the city, and always produces many creative and compelling entries from young people.

"This year's theme should also inspire more visits to our fantastic range of parks and greenspaces so I look forward to reading the creative writing to result from it. Good luck to all those involved."

Entries to the Green Pencil Award, which should be no longer than one side of A4, can be made on the [Council website](#), and can also be handed in to your local library.

Children are being encouraged to take inspiration from a dedicated nature and garden-related reading list, which can be found on Edinburgh's library catalogue website.

The closing date is Friday, 14 October, with an awards ceremony to be held at the Central Library in late November.



On Saturday 10 September, the Pentland Hills will play host to The Nudge, the perfect free day out for families in Edinburgh and the surrounding area.

Grab the kids and bring them to The Nudge, where you can navigate your way around the orienteering course which is five miles of fun! Also at The Nudge will be entertainment, live

music, giant games and a bouncy castle set against the scenic backdrop of the Pentland Hills. The Nudge is not to be missed!

As well as all of the games and the orienteering course, there will be a family picnic area which will be perfect for refuelling the children throughout the day.

The Nudge is free for families to enter all you have to do is turn up on Saturday 10 September and join in the fun from 1pm.

The Nudge is run by St Columba's Hospice as part of their outdoor challenge event, The Push. The Push is a 14/20/26.2 mile walk or run across the Pentland Hills.

For further information please visit www.pentlandpush.com/the-nudge

Tweet us your pictures from The Nudge using our #TheNudge and @StColumbas



The Balmoral, a Rocco Forte Hotel, has unveiled a new tartan uniform, bringing a lighter, contemporary design to the hotel's door staff, concierge and front of house team.

The hotel worked with Kinloch Anderson, Tailors and Kiltmakers to The Royal Family, for over 18 months to create the new design which was inspired by the natural landscape of Edinburgh and Scotland.

Yarn colours in heather, moss, thicket, zest, greenfinch and rave were selected in a light tweed. The colours reflect the stunning views of Arthur's Seat, the Old Town and Princes Street Gardens which can be seen from The Balmoral.


The new tartan, called 'The Balmoral Hotel Edinburgh Tartan', was officially registered in the Scottish Register of Tartans

today and will showcase a modern tartan design to the thousands of guests who visit the hotel for many years to come.



Hamilton & Inches have celebrated a landmark birthday this year with the installation of the Rook on George Street and a royal visit.

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