

Portobello Swim Centre gym to close for a fortnight

On Thursday 30 June the gym at Portobello Swim Centre will close for two weeks to allow the area to be refurbished. While the rest of the Swim Centre will remain open, regular gym users are advised that they can use the new weights room while work is going on.

The newly remodelled gym will open to the public on Monday 11 July at 7am.

The gym team will be running circuit classes in the studio during the closure.

Date	Time	Class	Area
Monday 4 th and 11 th July	08.15-08.45	Gym Circuit	First floor studio
Monday 4 th and 11 th July	08.50-09.20	Metabox	First floor studio
Monday 4 th and 11 th July	18.00-18.15	Core Class	Outdoor
Monday 4 th and 11 th July	18.15-18.45	Cross Train	Outdoor

Monday 4 th and 11 th July	18.50-19.30	Kettlebox	First floor studio
Tuesday 5 th and 12 th July	08.15-08.45	Gym Circuit	First floor studio
Tuesday 5 th and 12 th July	09.00-09.45	Kettlebox	First floor studio
Tuesday 5 th and 12 th July	18.00-18.15	Core Class	Outdoor
Tuesday 5 th and 12 th July	18.15-18.45	Cross Train	Outdoor
Wednesday 6 th and 13 th July	08.15-08.45	Gym Circuit	First floor studio
Wednesday 6 th and 13 th July	18.00-18.15	Core Class	Outdoor
Wednesday 6 th and 13 th July	18.15-18.45	Cross Train	Outdoor
Thursday 7 th and 14 th July	08.15-08.45	Gym Circuits	First floor studio

Thursday 7 th and 14 th July	08.45-09.15	Stepbox	First floor studio
Thursday 7 th and 14 th July	18.00-18.15	Core Class	First floor studio
Thursday 7 th and 14 th July	18.15-18.45	Sweatbox	First floor studio
Friday 8 th and 15 th July	08.15-08.45	Gym Circuits	First floor studio
Friday 8 th and 15 th July	08.45-09.15	Metabox	First floor studio
Friday 8 th and 15 th July	18.00-18.15	Core Class	First floor studio
Friday 8 th and 15 th July	18.15-18.45	Circuit with weights	First floor studio

The refurbishment will include new flooring, state of the art equipment including brand new treadmills, cross trainers, power mill, skill mill and much more, which will sync to a mobile or wearable device so customers can record and track their workouts.

For further information, visit: www.edinburghleisure.co.uk/venues/portobello-swim-centre