

# Five things you need to know today



- Fire crews rescue man after fall
- Mairi fundraising for Sick Kids Friends Foundation
- Tesco installing defibrillators in stores
- St Giles helps Cunningham House residents
- Tradfest

On Sunday night the specialist rope rescue crew from Tollcross rescued a man who fell down a wall behind Regent Road and became stuck. The road was being used at the time by the cars and drivers taking part in the Gumball 3000 rally.

Appliances from Tollcross and McDonald Road fire stations along with the rope rescue crew from Tollcross rushed to the scene.

Crews reached the scene within five minutes and they immediately moved to assist the casualty.

An aerial rescue pump was also requested to provide an elevated platform and lighting for those tending to the casualty.

Working alongside the paramedic, firefighters placed him in a specialist stretcher before lowering him safely to the ground.

He was then passed to the ambulance team and was taken to Royal Infirmary of Edinburgh.



In February Mairi Holden discovered money on the windscreen of her car to pay for a parking ticket she got while her son was in hospital.

Mairi decided to carry on this random act of kindness and since then she has raised about £13,000 for the Edinburgh-based charity The Sick Kids Friends Foundation, mainly through her [JustGiving page](#).

The mother of four year old Oscar, who she had rushed to hospital before receiving the parking tickets said: "I was so overwhelmed when I found the money, I couldn't believe that someone had done such a lovely and kind thing. That is what motivated me to begin raising money.

"I thought I would set up a JustGiving page so the mystery person could see that their random act of kindness could snowball and to show how much it helped.

"Everyone who is donating is helping with their own random act of kindness, that's why the total has gone this high so far and I am excited to see how much more we can raise."

She is determined to continue and has set herself an almighty target of raising £1 million for the charity which supports children's healthcare throughout the southeast of Scotland.



Roslyn Neely, CEO of the Sick Kids Friends Foundation, said: "We are so grateful to Mairi for undertaking this amazing fundraising effort. She has done brilliantly so far and the money raised will have a huge impact on the children being treated at the RHSC.

"SKFF distributes around £1.5m per year at RHSC and other children and young people's community healthcare settings and Mairi is hugely contributing to this.

"Everyone at SKFF would like to thank Mairi and all those who have donated so far for all they have done."





Tesco has announced plans to install defibrillators in six Edinburgh stores, all part of a larger project to equip 907 of their stores with the lifesaving equipment.

The British Heart Foundation has published statistics showing that over 30,000 people suffer a cardiac arrest outside hospital in the UK but less than one in ten survive.

Tony Hoggett, Tesco UK Chief Operating Officer said: "We are always looking for ways to help the communities we serve, and we know that having a defibrillator to hand can mean saving the life of someone suffering a cardiac arrest. This initiative has the potential to make a real difference to customers and colleagues all over the country."

The six stores where defibrillators will be installed are Corstorphine Extra, Broughton Road, Colinton Mains, Davidson Mains, Hermiston Gate and Leith.

*Photo Lynn News*



Church of Scotland members have helped people living in the Cowgate to have a better night's sleep by providing them with special curtains. The residents of Cunningham House in the Cowgate are often woken up by late night revellers, so when St Giles Cathedral's Neighbourhood Group hear about it they raised funds to help out.

David Marsland, the 23-bed unit's managing co-ordinator, said the so-called acoustic curtains were making a "real difference" to people who live in 15 rooms that overlook what is one of the capital's premier party streets.

He added that most residents were struggling to overcome serious alcohol and substance misuse problems to try and get their lives back on track and lack of sleep was the last thing

they needed.



Simon Bolam, convener of the St Giles Cathedral Neighbourhood Group, said: “It must be bad enough when you are homeless, but it must be substantially worse, after you do get some accommodation, when you can’t get to sleep until 4am because of the noise from all the pubs and clubs immediately outside your window.

“When we heard about this appalling situation, the St Giles’ community decided that this was a situation that needed urgent action.”

Crossreach operates 13 services across Scotland, supported by more than 100 staff, in places including Edinburgh, Glasgow, Inverness, Angus and the Western Isles which directly or indirectly address the root causes of homelessness.

It can be triggered by family breakdown, unemployment, eviction or even intimidation.



Tradfest is on this week and tomorrow you can get yourselves along to the Scottish Storytelling Centre at 7pm for 2 hours of ‘otherworldly entertainment’.

The show is called ‘When Shall We Three Meet Again’ and the three are Beverley Bryant, Aileen Carr and Heather Yule together for one night only!

[Tickets and more information here.](#)

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