

# GameChanger to hold Community Event at Easter Road Stadium



GameChanger are holding a Community Event on Tuesday 12 April at Easter Road Stadium, taking place between 11am and 3pm.

The awareness day, which takes place within the Eighteen75 and Edinburgh Suites within the West Stand, will help to showcase to the community what there is in the local area to help with their health and well-being, and is another event which demonstrates the positive impact that the GameChanger initiative is having in the local area.

Attendees will be able to find out information across a wide spectrum of health issues including fitness, addiction support and mental health, as well as the tributary sub-topics that can help with your health, including information on cooking, community gardening, yoga and dance.

Not only will it cover health and well-being, but it aims to highlight how to help with your employability and will offer advice on improving your digital skillset too.

Entry to the event is free of charge, and all are welcome to attend.