

City to celebrate LifeCare's 75th Anniversary



LifeCare are delighted to announce that they are being honoured with a civic reception, hosted by the Lord Provost of Edinburgh, the Rt Hon Donald Wilson on 16 March 2016, from 7pm to 8.30pm, at the City Chambers.

The reception will honour the charity's work with the elderly over the years.

The organisation will be celebrating our 75th anniversary on 9 September 2016.

The charity has many different facets, including the many specialised registered services that it provides to clients and carers: specialist dementia care; Outreach at home services; Elderly care, and a help at home service.

They also have a very busy community cafe, CafeLife, which is popular with a wide variety of customers. Regular clientele include young mothers with toddlers, nursery children, office workers, school children and regular other groups. They all come in to the cafe to enjoy a healthy living menu.

The LifeCare centre runs over 20 classes every week and they support many different charity organisations that use their facilities.

The charity has recently launched a new voluntary service called [Vintage Vibes](#) in partnership with The Broomhouse centre. Funded by The Big Lottery this service tackles isolation and loneliness in the over 60s in Edinburgh.

The service matches Vibes Volunteers with their VIP over 60s to encourage friendship. The service has created a lot of

interest across the city. Their youngest volunteer is two years old. The categories of volunteers include: young mums with their young children and people with dogs!

The philosophy of LifeCare is to celebrate old age and to embrace it. Empowering the elderly generation to live life to the full. LifeCare help to facilitate this in our clients and the services that they provide.

Su Millar, Chief Executive said: "We are thrilled to be honoured in this way. We bring together expertise, enthusiasm and fun in a positive, dynamic way. To offer our clients the best possible experience."

To honour this approach the Dancebase, dance group, Prime will be performing at the civic reception. The group are all aged over 60 years and enjoy dancing.

Submitted by [Susan Campbell Dargie](#)