

# Jennifer's new fitness regime starts at home courtesy of Argos!



One new mum in Edinburgh is well on the way to regaining her fitness after winning a competition!

Jennifer Barclay, 30, from Edinburgh, received the surprise of her life when a state-of-the-art health, fitness and beauty haven was Fast Tracked to her doorstep by former Olympic athlete Iwan Thomas, courtesy of Argos.

Jennifer was one of many to share a 140 character health and fitness ambition for 2016 as part of a #FastTrack Twitter competition, inspired by the exciting upcoming year of sport.

**Jennifer Barclay, said:** "I can't believe Iwan Thomas and the Argos team turned up at my doorstep – it's not every day that you have an Olympian in your living room giving you fitness advice! I only Tweeted when I was getting baby Alexander ready in the morning and my prize arrived when I got home that very same day. I will definitely be using the Fast Track delivery service this year."



A team of expert Argos stylists kitted out Jennifer's home with an exclusive #FastTrack package with everything from dumbbell sets and a sparring kit, to Babyliss hair styling tools for a top-to-toe transformation, right through to a Nutri-Bullet and Fitbit gadgets for tracking her fitness progress along the way.

Argos' pioneering Fast Track delivery service launched earlier

this year, the first service by retailers to offer over 20,000 products for same day delivery nationwide (by 10pm if ordered before 6pm), seven days a week, for just £3.95.

**Andy Brown, Central Operations Director at Argos, added:** “From the RBS Six Nations, to UEFA Euro 2016 and of course, the Olympics in Rio, 2016 is set to be an exciting year of sport. As the games calendar gets underway and sporting fever begins to spread across the nation, we launched the #FastTrack surprise and delight Twitter campaign to give people across the UK the motivation, and tools, to stay active and healthy. Today has demonstrated the benefits of our Fast Track same-day delivery service perfectly. It’s a first for customers across the UK and means there’s no excuse to let resolutions and momentum slip!”

