

# Two men from Edinburgh Survive the Yomp!



Connor McGourt from Edinburgh was one of a select group of over 100 civilians from across the world who recently took part in Commando Spirit's Survive the Yomp, which is supported by EventScotland (part of VisitScotland) and the Highland Council.

Part of the Commando Spirit Series of fundraising challenge events that have to date raised almost £1M, this 30 mile training exercise is designed to test the military's most elite force and is normally only experienced by Commandos in order to gain their coveted green beret.

Talking about his participation in, and recognition as the award winner for Fastest Individual and Male, with a time of just under 6 hours, during the gruelling Survive The Yomp, Connor said:

"I really loved taking part in Survive The Yomp! It is a fantastic experience and a privilege to spend time with the Royal Marines and be acknowledged for my small part in the event."

Peter George from Newhaven, Edinburgh was also in the group.



Connor and Peter who is also from Edinburgh headed to the stunning Highlands of Scotland, the setting for the annual Survive The Yomp, and the 30 mile challenge took place in and around Spean Bridge, home to the iconic Commando Memorial and Achnacarry Castle.

Supported by serving Royal Marines from 43 Commando, former

Royal Marines including members of the RMA Highland Branch and civilian staff and volunteers, followed in the footsteps of thousands who trained in the remote and unforgiving terrain to become "Commandos" and prepare for their pivotal roles in World War II. It was especially important and poignant this year as 2015 marks the 75<sup>th</sup> anniversary of the formation of the British Commandos.

Talking about his participation in, and recognition as the award winner for cheerfulness shown during the gruelling Survive The Yomp, Peter said:

"To be recognised for cheerfulness was a real surprise and I am honoured to be the custodian of this special award for the next 12 months. It will have pride of place on my mantelpiece. Not many fundraising events are quite so challenging, exhilarating, and life changing whilst raising huge sums for such a worthwhile cause, as Commando Spirit's Survive The Yomp."