

Five things you need to know today!



Southside Community Council

Tour of Britain in Edinburgh

British Military Fitness

Edinburgh Riding of the Marches

Developing The Causey

If you would like to join the proposed new Southside Community Council then you have until tomorrow to put your name forward.

At least six members of the public are now being sought to restart Southside Community Council, which previously ran until 2011.

Anyone aged 16 or over and on the electoral role can join by filling out a nomination form by 7 September. Contact your returning officer for a nomination form, visit the [Council website](#) or call 0131 529 3402 for more details of how to apply.

Councillor Jim Orr is the Returning Officer for the community council elections.

Councillor Maureen Child, Convener of the Communities and Neighbourhoods Committee, said: "Community Councils give people the opportunity to work with the Council and other partner organisations for the benefit of their local area.

"I would encourage anyone interested in joining the Southside Community Council to come forward for this exciting opportunity and chance to collaborate with fellow community

members and partners, to make a real difference in their neighbourhood.”

The highest ranked professional cycling race is coming to Edinburgh in a few days' time. Wondering where to go and watch it?

Then watch this video here which the Council produced. We would have been really impressed if someone had filmed this from a helmet cam on a bike but we can see the reflection of the camera in the car windscreen!

A new survey by British Military Fitness has revealed that one in four people in the UK believe their summer holidays are responsible for their weight gain. When September comes, experts are saying Brits are getting increasingly lax with their health and fitness regimes and struggling to return to their pre-summer weight.

To help people get back on track after the summer months, BMF is offering a free month of training and a free t-shirt to anyone who signs up in September. Members must attend five sessions during September to be rewarded with a free month of sessions at over 140 parks across the UK. BMF will also be giving out five new fitness and nutrition tips each week in September. You will find these [here](#).

There are a couple of branches of BMF in the city and you will find details of these and how to join [here](#).



The Edinburgh Riding of the Marches will take place next Sunday when an important part of the day is the arrival of

hundreds of riders at the City Chambers.

Gemma Williamson is the Edinburgh Lass 2015 and John Baxter is the Edinburgh Captain this year who is given the Edinburgh Banner to carry by the Lord Provost. Here is a selection of our photos from last year:



Riding of the Marches 2014



Riding of the Marches 2014



Riding of the Marches 2014



Riding of the Marches 2014



Riding of the Marches 2014



Riding of the Marches 2014



Riding of the Marches 2014



Riding of the Marches 2014



Riding of the Marches 2014



Riding of the Marches 2014

It is quite a spectacle!

Today the Kirking ceremony takes place at Greyfriar's Kirk at 11am. Following the service the organisation will undertake a walk of the historic Flodden Wall, marking the boundaries of the Old Town of Edinburgh. All are welcome to join them as they begin their seven day countdown to the Edinburgh Riding of the Marches.



The Causey is the small triangular area at West Crosscauseway, and has been the site for many exhibitions and installations over recent years to draw attention to the space.

Campaigners formed The Causey Development Trust and they have been working hard over the years to ensure that the area is developed into a more pleasant space as they consider it to be car-dominated. This is their latest update:

The Design Proposal will change the way in which pedestrians, cyclists and vehicle users move through the space. Our ambition is to reduce the dominance of vehicle traffic to refocus the space to give priority to pedestrians and cyclists.

Thanks to all who attended the Exhibition and gave us their comments on the Proposal.

Exhibition materials are now available to view as PDFs at

this link: <http://www.thecausey.org/proposals.html>

Following the Exhibition we've been considering the feedback received from local residents, businesses and others and our Design Team is now working with the Council to finalise the Design Proposal in order to apply for the necessary traffic regulation and planning consents. The next stage of the process will be to develop the Design Proposal to the level of detail required in preparation for construction works.

FUNDING SUCCESS!

A recent award of £300,000 from Sustrans Scotland brings CDT's funding for the actual building work to transform The Causey to £578,000. This amount also includes funding from The City of Edinburgh Council (who applied for the Sustrans Scotland funding on our behalf), and Edinburgh World Heritage, The University of Edinburgh and Central Scotland Green Network.

The support of our local councillors Ian Perry, Cameron Rose, Steve Burgess and Jim Orr has been key to our progress so far.

If we can meet our funding target of £1.6M it is hoped that building work could begin in early 2016. CDT would like to thank all its funders to date for their generosity and support.

The group is holding their next meeting at the end of this month.

COME AND JOIN US

*Our next meeting is on **Monday 28 September 7-9 pm** at the Southside Community Centre on Nicolson Street. Please let us know if you would like to attend – open to all. We are always keen for new volunteers to get involved and benefit from their skills and knowledge – again please let us know if you feel you would like to contribute – we need researchers,*

*social media enthusiasts and event
volunteers! info@thecausey.org.uk*

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