

Caring in the City

Caring in the City is an exciting new event for carers hosted by VOCAL – Voice of Carers Across Lothian.

Family members and friends who are supporting someone are invited to pop in for a chat, visit the information fair and workshops between 10am-4pm on the 12th of October at Boroughmuir rugby club.

Carers look after people for a variety of reasons and help them to live safely and well. Problems arise as a result of illness, disability, frailty or old age but VOCAL is able to help.




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For more information visit <http://www.carersevents.co.uk> or
call 0131 622 6666

Submitted by [Jane Greenacre](#)