

# Edinburgh Festival Fringe – The History of Porridge

Porridge is our national breakfast dish. Learn the history and taste what we think is Scotland's best porridge. Porridge has fed our people, our kings and our armies for centuries. We'll talk you through its history, how it's made and the evolution of what is now the dish that starts the day for all real Scots. Ticket price includes a tutored tasting of three different types of porridge and a hot drink. No need for breakfast with this show!

7th-31st August at Royal Mile Cafe, Cannonball House, Royal Mile, Edinburgh

Submitted by [Jenny Rutherford](#)

