Lewis Allan aiming to return to pre-season training in peak fitness

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Hibs' youngster Lewis Allan is planning to focus on his fitness so that he returns to pre-season training in the best shape possible rather than spending the summer working on his tan.

The 18-year-old from Earlston in the Scottish Borders joined the club's Development squad on a full-time basis last summer and made his first team debut at Falkirk in December before spending a spell on loan with Dunfermline Athletic.

Speaking to hibernianfc.co.uk, Allan said: "I'm delighted with how everything has gone so far — I'm miles further forward than where I was this time last year.

"I've been involved with the first team, made my debut and then learned a lot during my loan spell with Dunfermline.

"A lot has happened to me in a short space of time and now my aim is to kick on and make next season even more productive by playing as many first team games as possible."

The teenager will face stiff competition for a first team spot with James Keating joining from Hearts as well as Jason Cummings, Dominique Malonga, Farid El Alagui and Franck Dja Djedje all hoping to catch the eye of Alan Stubbs and his coaching staff.

Allan added: "I want to hit the ground running and give myself the best chance possible to come back flying.

"I realise this will be an important year in my career and I'm

determined to work as hard as possible to improve my game."