

Five things you need to know today



Lord Provost flying the flag in Florence

Kyle designs the new Living Streets badge

The Fit Festival

Walking Football

Volunteer to help at World Record Attempt

The Lord Provost the Rt Hon Donald Wilson is in Edinburgh's twin city, Florence, this week celebrating 50 years of the two cities being twinned.

Originally signed in Edinburgh in 1964, a [twinning city agreement](#) between the two destinations will be reaffirmed for what will hopefully be another 50 successful years when the Lord Provost Donald Wilson meets with the Honourable Dario Nardella, Mayor of Florence.

[Read more here.](#)

Edinburgh school boy Kyle Ruxton, a winner of the Living Streets' Walk Once a Week (WoW) badge design competition, received his prize in an award ceremony in London this week.

Kyle, aged six, received a trophy for designing a collectible badge which will be used to encourage school children to walk to school.

It was an early start for Kyle and his family as they were presented with a giant replica of the winning badge by Virgin

train crew before boarding the 07:30 to travel to London, courtesy of Virgin Trains East Coast.

[Read more here.](#)

[The Fit Festival](#) is geared for everyone, it doesn't matter if you are starting out on a weight loss journey and you are looking for some information on living a healthier life or if you are training for an elite event, we hope you'll find inspiration at our show.

The [Fit Festival](#) is a 2 day health, fitness and wellness event at [The Assembly Rooms](#) in Edinburgh on the 27th & 28th June 2015.

Walking Football – a new project we are piloting over the summer at **Balerno High School** on the fantastic new 3G pitch. Walking Football, where you must only walk not jog or run, is an increasingly popular activity among football (and sport) enthusiasts who feel they are either too old or physically unable to play full competitive football but still want the thrill and enjoyment of taking part and being part of a club. For more information on Walking Football, watch the FIFA 'football at a different pace' video here:

<http://www.youtube.com/watch?v=ZC0gzBA3QpI>

The new activity will be run by Heriot-Watt University Football Club for 5 weeks as a pilot from **17th July – 14th August 2015**.

Sign up with the details on the poster below



Loading...



Taking too long?



Reload document



[Open in new tab](#)

[Download \[162.00 B\]](#)

The Sick Kids Friends Foundation (SKFF) and Craig Gowans Memorial Fund are recruiting hundreds of volunteers to get the ball rolling at an upcoming World Record attempt for the longest 11-a-side football match of all time.

Friends, family and teammates of the late Falkirk defender Craig Gowans are hosting the Guinness World Record attempt in memory of the young football star, and require the help of a vast range of volunteers to help make the event a success.

The Memorial Fund was set up by Craig's family and friends following his tragic death to ensure that his memory is used as a driving force for good. This four day mega-match will take place at Ainslie Park, Home of Spartans FC, between the 4th and 8th of July, with all proceeds going to the SKFF.

The participating players aim to complete at least 103 hours of football in order to beat the current World Record which was recently set in Southampton. In order to complete this mammoth football challenge the charity are calling for people of all skills to support the fundraising efforts.

Volunteers needed include referees, stewards, physiotherapists, general helpers, as well as people to assist with the event setup and tidy up.

The Craig Gowans Guinness World Record Football Match is expected to raise more than £37,000 for the Foundation. The

money will be used to open a state-of-the-art Snoezelen Room in Craig's name at the new Sick Kids Hospital in Little France. This calming space will use cutting edge multi-sensory equipment to provide a vital, stimulating area for young patients with sensory impairments.

Jonny Wallace, one of Craig's closest school friends and an advocate of the Craig Gowans Memorial Fund said: "We have organised many fundraisers in the past in memory of Craig but this epic match will be one of our biggest challenges to date and we need help from lots of volunteers for the event to run smoothly."

"Volunteers make all the difference to the success of our events and we would really appreciate any level of help for our upcoming World Record attempt whether it is for one day or all four."

Rachel McKenzie, Head of Voluntary Fundraising at the Sick Kids Friends Foundation, said: "We're extremely grateful that the Craig Gowans Memorial Fund has chosen to raise funds for the Foundation. Their upcoming world record football match looks set to be a very demanding challenge and we urge anyone that can help them during the event to show their support and sign up for a volunteer's role online."

To register as a volunteer at the Craig Gowans Memorial Fund World Record Breaking Football Match visit www.tcgworm.org/volunteer or email Jonny Wallace at TCGWORM37@gmail.com.

Sign up here for a daily email from The Edinburgh Reporter !
[mc4wp_form]



If you are reading this article on paper and would like to visit the website then scan the QR code above with a

smartphone or tablet and you will be taken straight there.