## Five things you need to know today



Flag flies for Commonwealth Day

Safe City

Special Deliveries for Mother's Day

Culture and Sport Committee

## **Young Scot**

Yesterday the Lord Provost in his role as Lord Lieutenant raised the Commonwealth Flag above the City Chambers.

You can watch it all here:

The Edinburgh Reporter NEWS from Phyllis Stephen on Vimeo.

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Edinburgh is one of the safest cities in the world, according to a new poll of UK holiday makers.

The Post Office Travel Insurance survey ranked the capital as the third safest destination across the globe, with almost 70% of people who took part rating it as safe.

The news has been announced not long after a major YouGov poll revealed that Edinburgh was seen as the safest in Britain.

Councillor Cammy Day, Community Safety Leader for the City of Edinburgh Council, today welcomed the results

"To be rated so highly for safety in not one but two national surveys is a fantastic accolade for the city, and I'm delighted that people feel secure when they holiday here," he said. "It's not just visitors either — the most recent People's Survey found that 91% of our residents feel safe here after dark. I'm really proud of these results and the good work carried out daily by the Council, Police Scotland and communities across the city.

"Tourism is vitally important to Edinburgh with millions of people coming here from around the world each year to enjoy the culture and attractions it has to offer. As well as being renowned as a festivals city, we can also now claim to be classed as one of the safest cities in the world."

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A group of lucky mums will each get a surprise special delivery for Mother's Day — as Scotland's largest independent courier marks its  $30^{\text{th}}$  year in business.

Eagle Couriers is encouraging grateful sons and daughters across the central belt of Scotland to nominate their cherished mums.

Then it will choose the most deserving 30 — one for each year the firm has been in business — and ensure they get an unexpected special delivery for Mothering Sunday.

Twenty nine of the lucky mums will receive a surprise box of luxury Thorntons chocolates and a bouquet of flowers hand delivered from a driver in a signature Eagle Couriers red van on Friday 13<sup>th</sup> March.

However, the most deserving nomination — as judged by a team at Eagle Couriers — will take delivery of a luxury Thorntons hamper, donated by the famous chocolatiers.

Fiona Deas, director at Eagle Couriers said: "It is fantastic to be able to give something back to the people of Scotland, especially in the central belt from where we have operated for 30 years.

"By tying in Mothers Day celebrations and using our base of couriers we hope to spread a lot of unexpected joy.

"We encourage as many people as possible to apply — if you want to see your mum smile and feel extra loved for Mother's Day then please do get in touch and we'll do our best to get this no-catch gesture of love to her."

To be in with a chance of winning, applicants should follow the single step instruction on the latest Eagle Courier blog post, with the competition being free to enter.

Enter at <a href="http://goo.gl/4ClS6J">http://goo.gl/4ClS6J</a>



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The Culture and Sport Committee meet today and <u>they may decide</u> to approve funding for under used outdoor sports facilities in South Queensferry, Sighthill and Trinity.

You can watch the committee meeting online <a href="here">here</a>.

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Young Scot, the national youth information and citizenship charity for Scotland, has announced the completion of its five year Truth About Youth programme after the project helped challenge negative perceptions of young people in Scotland.

The Truth About Youth project, run by Young Scot in partnership with the Co-operative Foundation, has been challenging and changing the way society views young people since 2010. The project has worked to improve public

perceptions of young Scots by engaging with local communities and working with the media to showcase positive stories of young people.

Highlights of the Truth About Youth project were showcased at a celebratory event at Glasgow's Science Centre where 200 people heard success stories from young people involved in the programme. Among these highlights included the story of a youth development scheme run by Dalmarnock Futures Forum, the award winners of the inaugural Truth About Youth prize at the 2011 Young Scot Awards.

David Stewart, 22, Dalmarnock Futures Forum (DFF), said: "The Truth About Youth award was the catalyst for DFF getting involved with Young Scot and the programme. Since then, we have been involved in a range of different projects — from a small grants fund project to taking part in the Truth About Youth Pledge. The project has helped change my life and the lives of other young people involved.

"It's great to see that young people are now seen as leaders in their communities who take forward sports programmes and issued—based workshops and we all want to see this continue and keep on growing."

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