

Now is the time to enter Cancer Research UK's Race for Life



Cancer Research UK have just opened the entries to their Race for Life which takes place in May this year.

Women across Scotland's capital are being urged to get the New Year off to a great start by signing up to Cancer Research UK's Race for Life 2015.

Every hour, around three people are diagnosed with cancer in Scotland and the number of people being diagnosed with cancer has now reached around 30,200 cases each year.

Everyone is special, everyone is somebody's mum, dad, brother, sister, friend or colleague. And that's why Cancer Research UK is calling on women of all ages, shapes and sizes to fight back against this devastating disease by taking part in the Race for Life 5K and 10K events in Edinburgh at Holyrood Park on Sunday June 14.

Lisa Adams, Cancer Research UK's press manager in Scotland, said: "If you're looking for an opportunity to get a little or a lot more active in 2015, this is the time to enter Race for Life.

"With fire in their bellies and trainers at the ready, we know that ladies across Edinburgh are up for the challenge. Race for Life events are non-competitive. Taking part is not about being fit or fast and participants can choose to walk, jog, run or even dance around the course if they prefer. Race for Life celebrates everyone who is with us and honours those who have lost their lives to cancer. The atmosphere is electric


and we're calling on women in Edinburgh to help make 2015 our best year yet."

Last year, 5,309 women took part in Edinburgh's Race for Life and a fantastic £367,127 was raised. This year organisers are appealing for even more women and girls to stride out by taking part on June 14 in either the 10K at 10am or the 5K at noon. And if you fancy a warm up then sign up for the 5K or 10K Race for Life events in the picturesque grounds of Hopetoun House at South Queensferry in Edinburgh on May 24 at 11am. It's the perfect chance to be part of Race for Life in Scotland which last year raised a total of almost £2.9million to help beat cancer sooner.



Cancer Research UK's Race for Life, in partnership with Tesco and official energy sponsor Scottish Power, is an inspiring women-only series of 5k, 10k and Pretty Muddy events which raise millions of pounds every year to help beat cancer sooner by funding life-saving research. Money raised through Race for Life allows Cancer Research UK's doctors, nurses and scientists to advance research which is helping to save the lives of men, women and children across Scotland.

Cancer survival rates have doubled since the 1970s and Cancer Research UK's work has been at the heart of that progress. But more funds and more supporters are needed to bring forward the day when all cancers are cured. Cancer Research UK spends around £34 million a year in Scotland on life saving research.

 **To enter Race for Life today go to raceforlife.org or call 0300 123 0770.**