

Five things you need to know today



New school for Boroughmuir

Fireworks

Alzheimer Scotland

Red Note's Noisy Nights

Want a letter from Santa?

It's an exciting morning for Boroughmuir High School who will watch the first sod being cut on the site of their new school. Building will now begin and the school should be completed by the start of the 2016/17 school year. [Portobello High School](#) is also to be finished by then.

Remember, remember this is the Fifth of November. Lock up your pets, and look after those who may be affected by loud fireworks this evening. There may be a few tickets left from Edinburgh Leisure for tonight's display at [Meadowbank](#).

Combat Stress, the leading Veteran's mental health charity, is calling for Veterans' friends and family to be aware that November can be a **difficult month for ex-Service personnel**, due to fireworks and Remembrance Sunday potentially **triggering unwanted memories**.

Combat Stress have also shared advice on how Veterans can manage their anxiety during firework season on their website, available [here](#):

www.combatstress.org.uk/news/2014/10/bonfire-night/.

Alzheimer Scotland are delighted to announce that noted British scientist, writer and broadcaster, Baroness Susan Greenfield CBE, will deliver our first ever Christmas lecture at The Hub in Edinburgh on Monday 15 December at 4pm. The lecture is entitled 'Dementia: current and future prospects'.

Tickets are £12 (£10 for Alzheimer Scotland members). Register online at www.alzscot.org/ChristmasLecture. The lecture will be followed by a festive reception and a chance to mingle with fellow attendees.

Baroness Greenfield has written widely about the brain and regularly delivers stimulating (and sometimes controversial) public lectures on the impact of digital technology. In January 2000, she was awarded a CBE for her services to the public understanding of science. She has also been awarded 31 honorary degrees from British and overseas universities, as well as honorary fellowship of the Royal College of Physicians.

Red Note's long-running Noisy Nights series returns, premiering new work by emerging composers in an informal concert setting. This time it's five new 10-minute works for string quartet, worked on by the composers with the performers of Red Note over the preceding two days.

Noisy Nights 16 November 7:30pm at The Anatomy Lecture Theatre, Summerhall, 1 Summerhall, Edinburgh

FREE but ticketed.

Tickets available from Summerhall Box Office:
www.summerhall.co.uk or call 0131 560 1581

Children's charity the NSPCC is once again teaming up with Santa to make children's Christmas wishes come true by sending them a personalised Letter from Santa, sent direct from the North Pole via Rudolph Mail.

The colourful, beautifully illustrated letters include the child's (or big kid's) name, age, gender, and a few other details which only Santa could know. Santa has even written a special poem to celebrate baby's first Christmas too – a keepsake to treasure for years to come.

Christmas is an exciting time of year but for some children it can be an incredibly difficult and lonely time. By requesting a Letter from Santa for a suggested donation of £5, the NSPCC can be there for vulnerable children, giving them someone to turn to when they need advice and support, this Christmas and beyond.

Every £5 raised by Letter from Santa could help the NSPCC's ChildLine service be there whenever a child seeks help either online or by phone. Every £12 raised could help trained ChildLine Schools Service volunteers talk to one primary school child about abuse, improving their understanding of abuse and how they can stay safe.

The ChildLine Schools Service has already spoken to 4,382 children in schools across Edinburgh.

Nadia Whitmore, NSPCC Scotland community fundraising manager, said: "Christmas is such magical time of year for children so why not bring even more magic and excitement by ordering a Letter from Santa for a friend or relative and support the NSPCC during the festive season."

Santa's mailroom is open until 15 December 2014, and all those who request a Letter from Santa this year will be entered into a draw to win a Center Parcs holiday for a family of four.

Request your Letter from Santa now at www.nspcc.org.uk/santa
or by calling 0845 839 9304.
