Saturday in Edinburgh - what's on today

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Create: creative messy play session for 0-5 year olds and their parents or carers. Drop-in sessions demonstrating resourceful and inspiring ways to learn with your child. 10am-12 noon, North Edinburgh Arts, 15a Pennywell Court. 50p per session. More information here.

The Reluctant Time Traveller: Janis MacKay, winner of the Scottish Children's Book Award 2013, will sign copies of her new book, 'a time-twisting adventure full of historical details about World War One, bringing early 20th century Scotland to life for young readers.' 2pm, Waterstones Edinburgh Fort, Fort Kinnaird. More information on 0131 657 5493.

▼ GENERATION Tours at Modern ONE: free, discussion-led tours of the exhibition, focusing on key themes and artists. 11-11.45am or 1-1.45pm, Scottish National Gallery of Modern Art ONE, Belford Road. No booking required.

Land and A Cow: the Croft in the Outer Hebrides: Anne Campbell, David Greenall, Ruth O'Dell and Simon Rivett are artists from the Outer Hebrides, all of whom have lived and worked as crofters and painters for the last two decades. Exhibition open 10am-5pm Monday to Friday, 12-5pm Saturdays, Doubtfire Gallery, 3 South East Circus Place.

Impressionist Gardens Sketchbooks: recreate the style of the Impressionist artists, emphasising natural light, form and colour. Create a series of sketches that can be developed into an impressionist painting; be inspired by the picturesque Japanese garden. 10.30am-12.30pm or 1.30-3.30pm, Lauriston Castle, 2a Cramond Road South. £5 per person: tickets must be

obtained in advance from the <u>Usher Hall box office</u>, in person, by telephone or online.

Lunchtime Concert: Evangelical Broadcast Television Station from The Netherlands. 12.15pm, <u>St Giles' Cathedral</u>, High Street. Free.

Art & Dance Workshops: for ages 5-8 and 9-12. The two groups alternate between high energy dance workshops and colourful art and craft workshops, with a healthy snack provided in between. 10am — 12 noon, North Edinburgh Arts, 15a Pennywell Court. 50p per session. Drop-in event but arrive in plenty of time, as sessions fill up fast!

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Seaweeds for Food and Health: in addition to playing a vital role in our seas, seaweeds are increasingly eaten as and in our foods. A chance to taste, touch and learn about the incredible health benefits of seaweeds. 11am-4pm, Real Life Science Studio, John Hope Gateway, Royal Botanic Garden. Free, no booking required, also available at same times on Sunday 7th September. With the Seaweed Health Foundation.