Night class in Tribal Belly Dance starts this week

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A brand new beginners class starts this Thursday at Currie High School. It is on every Thursday 6.30 — 7.30pm. So what will you learn? How to belly dance!

Susan Tonner the instructor said: "Edinburgh has a fabulous Adult Education programme and it makes so many topics available to people at an affordable price. Adult Education is far more than just learning a new skill and I am a huge supporter of it. Those who come to my class say they not only learn to dance but enjoy gentle exercise and meet new people and have built lasting

friendships with like minded people.

"I teach Tribal Style Bellydance which has Flamenco and Indian styling to it and is always danced in a group for fun. Although, mostly for women, men can join in and I do have a male student. They say it helps with confidence and a positive body image as well as just loving the fabulous costumes!

The photo shows the troupe at Art in the Park last weekend.

Submitted by <a>Susan Tonner

