

# Five things you need to know today Edinburgh!



**Football challenge to raise money for MND**

**Police Boxes**

**50<sup>th</sup> Anniversary Sparkling Scottish Fundraiser**

**Send us a postcard!**

**Dads Rock**

A football challenge involving members of both the Yes and No camps will take to the pitch at Ainslie Park on Wednesday morning to raise some money for Motor Neurone Disease.

[Read more here](#)

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Got an idea for using a police box? Now is your big chance. There are 23 which are on sale in the latest list of commercial property produced by the council. Although the council does not own the boxes which are being sold by The Scottish Police Authority it does often own the land on which they are situated.

[More details here.](#)

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Join Michael Laing OBE and Carina Contini for drinks and canapés £25 ticket + raffle donation on Wednesday 8 October: 6.30pm-9pm at The Scottish Cafe & Restaurant, The Scottish National Gallery, EH2 2EL

Wellbeing of Women is celebrating its 50<sup>th</sup> anniversary; since 1964 it has invested more than £50 million into research to improve the lives of women and babies. This research has proven that it is not only possible but vital to answer unknown questions, but we still do not know enough. We do not know enough about fertility, miscarriage, gynaecological cancers, pregnancy complications, menopause or incontinence.

We are proud to have committed £2.4 million in funding research in Scotland in the past 15 years in hospitals in Glasgow, Dundee, Edinburgh and Aberdeen. Our latest projects include predicting the future health of babies using cord blood in Glasgow, discovering new treatments for endometriosis in Edinburgh and investigating the cause of hot flushes in hormone deficient women and men in Glasgow. The more money we invest into projects like these, the greater impact we will have on the lives of women and their babies for generations to come.

Our fundraising initiative this year is bringing two hugely represented and successful Scottish families together to offer a sparkling evening of hospitality. **Michael Laing OBE** is a designer and gemmologist and owner of Scotland's oldest family jeweller. As well as running four upmarket jewellery and watch stores in Edinburgh, Southampton and Cardiff, he has created many important commissions including the 1986 Commonwealth Games baton. He will be sharing his passion for diamonds, while members of the Laings team will be on hand to clean your own sparklers.

**Carina Contini** and her husband Victor are the grandchildren of two immigrant Italian families that arrived in Scotland at the

beginning of the last century. Their families have been at the heart of serving food in Scotland since then. Carina has recently published a *Kitchen Garden Cookbook*, which is a collection of over 120 seasonal recipes that bring together Carina's Italian family heritage and her Scottish roots. Carina tells the story of how she and Victor restored a large Victorian garden on the outskirts of Edinburgh, making it into an established kitchen garden that now serves their award-winning restaurants in Edinburgh.

Please join us on **Wednesday 8 October** either by completing the attached ticket application or you can purchase tickets via [Eventbrite](#) or via our [Facebook](#) page.

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It's September already. You may have had your holidays or you may be waiting for an autumn break away from the peak times when schoolchildren are on holiday.

If you have a favourite view from your holiday destination then please send us a virtual postcard to share it with us and our readers.

[You can upload your image or video here.](#)

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[Post](#) by [Dads Rock](#).